

## **Guidelines for ADHS Licensed Outpatient Facilities to Monitor and Prevent Spread of Novel H1N1 (Swine) Influenza**

- **Please contact your county health department listed at [http://www.azdhs.gov/phs/local\\_health/health\\_depts.htm](http://www.azdhs.gov/phs/local_health/health_depts.htm) whenever you have questions or need help.**
- Educate ALL staff and patients/clients of ADHS licensed facilities on best practices for preventing influenza spread. These include
  - Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
  - Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
  - Avoid touching your eyes, nose and mouth. Germs spread this way.
  - Try to avoid close contact with sick people.
- Patients/clients with influenza like illness (ILI) [defined as fever  $\geq 37.8^{\circ}\text{C}$  ( $100^{\circ}\text{F}$ ) PLUS cough and/or sore throat] should be placed in a room by themselves, if possible, until arrangements can be made to have the patient/client taken to their residence. If not possible, maintain a minimum of 6 feet between patients/clients at all times and offer both the ill person and those who may have contact with them surgical masks to decrease the likelihood of spread.
- Patients/clients with ILI should refrain from participation in group activities and activities involving exposure to the general public.
- Clients participating in outpatient programs who develop ILI should not attend these programs until 24 hours after symptoms have resolved.
- Staff of ADHS-licensed facilities with ILI should stay home 7 days after symptoms began or until all symptoms are gone, whichever is longer.
- If you determine there is significant spread of influenza in your facility, call your county/tribal health department. The definition of “significant spread” will depend on your facility, staffing, patient mix, administrative policies, and other key factors.
- Review your internal disaster plan to ensure you are prepared for large numbers of ill staff or patients.
- ADHS strongly recommends that anyone who works in an ADHS-licensed facility get both seasonal and novel H1N1 Influenza (Swine Flu) vaccines.
- For updated recommendations, information about novel H1N1 (Swine) Influenza and information about flu vaccine, visit <http://www.azdhs.gov/flu/h1n1/index.htm> If you have licensing questions, please contact your licensing program at ADHS.
- If you have questions about influenza, please contact your county/tribal health department.